

# The EdgarMay Health and Recreation Center

140 Clinton Street, Springfield VT 05156 • 802-885-2568 • info@myreccenter.org

*get into the swim...*

HOURS OF OPERATION  
 Monday - Friday 5:00am - 9pm  
 Saturday 7am - 6pm  
 Sunday 9am - 4pm



## Wading Pool Schedule (January 2, 2012 – February 11, 2012)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9 AM – 12:00 PM OPEN SWIM	10AM – 8:45 PM OPEN SWIM	10AM – 4:30 PM OPEN SWIM	10AM – 8:45 PM OPEN SWIM	10AM – 4:30 PM OPEN SWIM	10AM – 8:45 PM OPEN SWIM	7 AM – 9AM OPEN SWIM
12:00PM – 1:00PM SWIM LESSONS		4:30PM – 5PM SWIM LESSONS		4:30PM – 5PM SWIM LESSONS		9AM – 10AM SWIM LESSONS
1:00PM - 3:45PM OPEN SWIM		5PM - 8:45PM OPEN SWIM		5PM - 8:45PM OPEN SWIM		10AM - 5:45PM OPEN SWIM

## Therapy Pool Schedule (January 2, 2012 – February 11, 2012)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10 AM - 12 PM OPEN FOR ½ HOUR SESSIONS	6 – 7:30AM OPEN FOR ½ HOUR SESSIONS	6 – 7:30AM OPEN FOR ½ HOUR SESSIONS	6 – 7:30AM OPEN FOR 45 MINUTE SESSIONS	6 – 7:30AM OPEN FOR ½ HOUR SESSIONS	6 – 7:30AM OPEN FOR 45 MINUTE SESSIONS	10:00 AM - 4 PM OPEN FOR 45 MINUTE SESSIONS
12 PM – 1 PM Parent & Tots Class	8 AM – 11:30 AM SPFLD HOSPITAL	8 AM - 1 PM SPFLD HOSPITAL	8 AM – 11:45 PM SPFLD HOSPITAL	8 AM - 1 PM SPFLD HOSPITAL	8 AM – 11:45AM SPFLD HOSPITAL	
1 PM - 2 PM OPEN FOR ½ HOUR SESSIONS	11:45 – 12:45 PM Parent & Tots Swim	1 PM – 8 PM OPEN FOR ½ HR SESSIONS	11:45 – 12:45 PM Parent & Tots Swim	1 PM – 2:30 PM OPEN FOR ½ HOUR SESSIONS	11:45 – 12:45 PM Parent & Tots Swim	
	1 PM – 2:30 PM OPEN FOR ½ HOUR SESSIONS		12:45PM – 6PM OPEN FOR 45 MIN. SESSIONS	3PM – 4PM ARTHRITIS CLASS	12:45PM – 6PM OPEN FOR 45 MIN. SESSIONS	
	3PM – 4PM ARTHRITIS CLASS		6 PM – 6:30 PM Aquacise Class	4PM – 8PM OPEN FOR ½ HOUR SESSIONS		
	4PM – 5PM OPEN FOR ½ HOUR SESSIONS		6:30PM – 8:45PM OPEN FOR 45 MINUTE SESSIONS			
	5PM – 6PM ARTHRITIS CLASS					
	6 PM – 6:30 PM Aquacise Class					
	6:30PM – 8PM OPEN FOR ½ HOUR SESSIONS					

### Therapy Pool Policies

1. You must sign up for a 30 or 45 minute session at the front desk.
2. No more than 4 individuals allowed in the pool at one time.
3. The Lifeguard on duty reserves the right to close the Therapy Pool at any time due to conditions on the Main Pool deck.
4. No Food or Drinks (except water) Allowed (No Glass Bottles)
5. No Lifeguard is on duty in the Therapy Pool area during the weekend.
6. The Therapy Pool is to be used for therapeutic purposes only. It is not for those who just want to swim in a warmer pool.

**The Lifeguard on duty will enforce all rules posted or not. If you have any questions, please ask the Lifeguard on duty**

The Pool Schedule may change during the session, so please check periodically to ensure you have the latest edition.

Date Last Updated: 11/30/2011